



September 2017

Maureen Ouvry, Food Service Director (Telephone: 321-1031)



Daily Meal Choices:

Yogurt & Mini Pancakes	Hot Dog	Chicken Nuggets	Twin Tacos	Hamburger/Cheeseburger
Monday	Tuesday	Wednesday	Thursday	Friday
4 No School 	5 First Day of School! PERSONAL PAN PIZZA Bus Stop Tots Fruit Fractions Mindful Milk	6 Kickin' Popcorn Chicken 1/2 PB Sammy Crunchy Carrots Tropical Fruit Delight Chocolate Milk	7 Flap Jack Pancakes Hash Browns Breakfast Patty Lunch Bunch Grapes Milk	8 CORN DOG Cool as a Cucumber Big Red Apple Animal Crackers Chocolate Milk
11 Mac & Cheese w/Chicken Sticks Glazed Carrots Crisp Apple Slices Milk	12 MACHO NACHOS <i>(Beef, Cheese, Lettuce & Tomato)</i> Fiesta Refried Beans Cinnamon Roll Cake Chocolate Milk	13 French Toast Sticks Breakfast Links Hash Browns Orange Smiles Milk	14 Sloppy Joe Sandwich Great Green Beans Rosy Applesauce Sun Chips Chocolate Milk	15 Chicken Drumstick Mashed Potatoes Homestyle Biscuit Watermelon Wedge Milk

GRAB 'N GO BREAKFAST!

All choices include Fruit & Milk
3 Choices Daily



SEPTEMBER DAILY CHOICES

MONDAY:
Fruit Parfait

TUESDAY:
Bagel w/Cream Cheese

WEDNESDAY:
Breakfast Pizza

THURSDAY:
Cinnamon Roll Wholegrain Goodness!

FRIDAY:
Fruity Smoothie 

School Lunch is...



- Fresh, economical, and value packed!
- Excellent source of vitamins A and C!
- Focused on low fats and rich in whole grains!
- Meets 1/3 of daily requirements!

HELPING OUR CHILDREN ACHIEVE

- Children who eat breakfast score better on school achievement tests.
- Children who eat school meals eat more fruits and vegetables.
- The school lunch program provides 1/3 of your child's recommended daily requirements. School breakfast provides 1/4 of the daily requirements.

Single Student Lunch: \$2.50

Single Student Breakfast: \$1.25

Cheese Pizza & PB & J Sandwich OFFERED DAILY

2nd Carton of Milk & 8oz. Bottled Water \$0.50 EACH

View student accounts at www.SendMoneyToSchool.com



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Monday	Tuesday	Wednesday	Thursday	Friday
18 Walking Taco <i>(Fritos w/Beef, Cheese, Lettuce & Tomato)</i> Refried Beans Cinnamon Baked Apples Chocolate Milk	19 <u>Playground Fun!</u> Chicken Hula Hoops Four Square Fries Jumping for Juice No Bake Cookie Puddles of Milk	20 Giant Waffle Low-fat Yogurt Apple Slices w/PB Crunchy Carrots Chocolate Milk	21 Salisbury Steak w/ Mashed Potatoes Fresh Strawberries Biscuit & Honey Milk	22 Chicken Fries Sweet Pepper Strips Fresh Orange Smiles Goldfish Crackers Chocolate Milk
25 ITALIAN DUNKERS <i>(Cheesy Breadsticks w/ Marinara Sauce)</i> Glazed Carrots Perky Pears Milk	26 NEW! CRISPITOS <i>(Chicken Chili filled Tortillas)</i> Chips & Cheese Spicy Beans Bonanza Red Delicious Apple Chocolate Milk	27 MAMA MIA! Curly Noodles w/ Marinara Sauce Broccoli Trees Orange Smiles Milk	28 WHOPPER OF A BURGER Potato Barrels Peaches & Cream JUNIOR BOMB POP! Chocolate Milk	29 Picnic Basket Deli Deluxe Sandwich Baby Carrots & Dip Yummy Banana Milk

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SAVE MONEY!

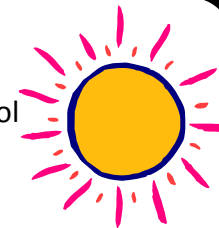


School Meal Programs Can Save You Money!

You can save up to \$445 per child a year if you qualify for free or reduced price meals (lunch). Applications may be turned in any time during the year and are available from your child's school or from the Food Service office. Call Maureen Ouvry at 321-1031 with questions.

Start the day right....with Breakfast! ONLY \$1.25

If you receive free or reduced price lunches, you qualify for a free breakfast.



This institution is an equal opportunity provider

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Single Student Breakfast: \$1.25

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2nd Carton of Milk & 8oz. Bottled Water \$0.50 EACH